

Island Invitational Spring Cup

U10 & U11 Game Rules

- All U10 & U11 Games take place at Pinecrest School (PS)

- Teams play 6v6 (5 + GK)
- Fields are 50 yrds long X 35 yrds wide
- We are using steel goals. They are 5' high X 10' wide.
- Games consist of 2 x 30 min halves with a 5 min half time break

- There are No Offsides
- Subs are made "on the fly"
- Goal Kicks, Corner Kicks and Kick-Ins are used to restart the play when the ball leaves the field.
- Drop balls are used if the game is stopped while the ball is still in play. Restart by dropping the ball to the Team who last had possession.
- On Goal Kicks, defensive players must retreat behind the Center mark. Players may pressure once the ball is kicked and clearly moves.

- All free kicks are direct.
- All kick-ins are indirect.
- If a Foul occurs in the Penalty Area, a Penalty Shot takes place from the top of the Goal Arc.

- If a team gets up by 4 goals, they will either remove a Player or allow the other Team to add a Player. This lasts until the score becomes a difference of 2 then the number of players goes back to normal.
- Teams will locate themselves in between the fields and spectators will locate themselves on the other side. Parents / spectators are not permitted on the same side as the teams or on the Turf field.



Island Invitational Spring Cup

U12 & U13 Game Rules

- All U12 & U13 Games take place at Robron Athletic Park (RAP) turf, Pinecrest Park (PP) and Pinecrest School (PS)
- Teams play 9v9 (8 + GK)
- Fields are 70 yds long X 50 yds wide
- We are using steel goals. They are 6.5' high X 18' wide.
- Games consist of 2 x 30 min halves with a 5 min half time break

- Offsides will be called if blatant, play will continue if its close.
- Subs are made "on the fly"
- Goal Kicks, Corner Kicks and Throw-Ins are used to restart the play when the ball leaves the field.
- Drop balls are used if the game is stopped while the ball is still in play. Restart by dropping the ball to the Team who last had possession.
- On Goal Kicks, defensive players must retreat 10 yards from the ball. Players may pressure once the ball is kicked and clearly moves.

- All contact fouls result in a direct free kick. Non contact fouls result in an indirect free kick.
- If a Foul occurs in the Penalty Area, a Penalty Shot takes place from the top of the Penalty Area.

- If a team gets up by 4 goals, they will either remove a Player or allow the other Team to add a Player. This lasts until the score becomes a difference of 2 then the number of players goes back to normal.
- Teams will locate themselves in between the fields and spectators will locate themselves on the other side. Parents / spectators are not permitted on the same side as the teams or on the Turf field.



Island Invitational Spring Cup

Things to remember...

- ★ Refs are going to be brand new and learning so please be patient. They will be hesitant and miss calls. Remember this is not intentional and to remain calm.
- ★ Help Refs by organizing your team (and only your team) on things such as Goal Kicks, Corner Kicks, Free Kicks etc.
- ★ Refs are going to be flexible with some rules such as Foul Throws, accidental Handballs and Pass Backs where the GK picks up the Ball... Lets keep the game flowing and not worry too much about these minor infractions. The Players and the Refs are young and still learning!
- ★ Please note that subs will be allowed "on the fly" similar to hockey. Players must exit the field where their team bench is located before the new player can enter the field. The only time you should ask the ref to stop play for a sub is if you are changing the GK.
- ★ Refs will be responsible for bringing a Game Ball to every match.
- ★ Try to make fewer substitution moments, and when you do, see if you can do it at the same time as the other Team. Lets keep the game flowing by creating less stoppages!
- ★ Please remind your Parents to sit on the other side of the field.
- ★ Please clean up after your Game and vacate the space promptly so the next Game can get started on time.

